

6: Further information

Active ingredient:

Each film-coated tablet contains 450mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens* D.C and/or *H.zeyheri* L.Decne, radix) (equivalent to 1,575mg – 2,250mg of Devil's Claw root).

Extraction solvent: Ethanol 60% v/v.

Excipients in the extract: Maltodextrin, Silica Colloidal Anhydrous.

Tablet core: Maltodextrin, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, Colloidal Anhydrous Silica.

Coating: Hypromellose, Titanium Dioxide, Copper Chlorophyllin, Glycerin.

The tablets are green coated and oval shaped.

Each pack contains 60 film-coated tablets.

Registration holder for this product

Thompson & Capper Ltd., Hardwick Road, Astmoor, Runcorn, Cheshire WA7 1PH

Manufacturer of this product

Thompson & Capper Ltd., Hardwick Road, Astmoor, Runcorn, Cheshire WA7 1PH

Traditional herbal registration number: THR 01359/0003

If you would like further information about this product or if this leaflet is hard to see or read, please contact: Healthspan Ltd, PO Box 64, Guernsey, GY1 1BT.

Telephone: 0800 73 123 77.

Email: herbalinfo@healthspan.co.uk

This leaflet was revised in December 2017.

THR 01359/0003



certification mark

LK184-2

Patient Information Leaflet

Healthspan Devil's Claw JointAid

Tablets

Devil's Claw Root Extract 450mg

Please read this leaflet carefully before you start taking these tablets.

It contains some important information about Healthspan Devil's Claw JointAid.

Keep this leaflet with the tablets.

You may want to read it again or show it to your doctor, pharmacist or qualified healthcare practitioner.

What is in this leaflet

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1: What this product is and what it is used for

This product is a traditional herbal medicinal product containing Devil's Claw root extract. Each film-coated tablet contains 450mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens* D.C and/or *H.zeyheri* L.Decne, radix) (equivalent to 1,575mg – 2,250mg of Devil's Claw root).

Extraction Solvent: Ethanol 60% v/v.

Healthspan Devil's Claw JointAid is a traditional herbal medicinal product used for the relief of backache, rheumatic or muscular pain, and general aches and pains in the muscles and joints. This is based on traditional use only.

2: Before you take this product

DO NOT TAKE this product if you:

- are under 18 years of age
- are pregnant or breastfeeding
- have a stomach ulcer or duodenal ulcer
- are allergic to Devil's Claw or any of the ingredients (see section 6)

Tell your doctor before taking this product if you:

- have gallstones and want to take this product

Consult your doctor or qualified healthcare practitioner if your:

- joint pain is accompanied by swelling of the joint, redness or fever
- symptoms worsen or do not improve after four weeks

Driving or operating machines

This product may cause dizziness and drowsiness.

If this happens to you, do not drive or use machines.

3: How to take this product

For oral use only

Adults and the elderly

Take one tablet twice a day (in the morning and in the evening).

The tablets should be swallowed whole with water or other liquid.

Do not exceed the stated dose.

If you take too much of this product (overdose)

If you take more than the recommended dose, speak to a doctor, pharmacist or qualified healthcare practitioner and take this leaflet with you.

If you forget to take this product

Continue to take your usual dose at the usual time; it does not matter if you have missed a dose.

After taking this product

You must speak to a qualified healthcare practitioner if your symptoms worsen, if they do not improve after four weeks, or if side-effects not mentioned in this leaflet occur.

4: Possible side-effects

Like all medicines, this product can have side-effects. These are listed below.

Side-effects

- **digestive disorders;** diarrhoea, feeling sick, being sick, abdominal pain
- **central nervous system disorders;** headache, dizziness
- **Allergic reactions;** rash, raised itchy rash, swelling of the face.

If any of the effects become troublesome or if you experience any other unexpected effects not listed in this leaflet; consult your doctor or pharmacist.

Reporting of side-effects

If you get any side-effects, talk to your doctor, pharmacist or qualified healthcare practitioner. This includes any possible side-effects not listed in this leaflet. You can also report side-effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side-effects you can help provide more information on the safety of this medicine.

5: How to store this product

Do not use your tablets after the expiry date, the expiry date refers to the last day of the month. Return any out-of-date tablets to your pharmacist who will dispose of them for you. The expiry date is printed on the box and the blister pack.

Store the tablets below 25°C, in the original packaging.

Keep out of the reach and sight of children.

Keep your tablets in the packaging until it is time to take them.